

Medication and Supplies Wish list for Donors

The list below consists of items that are considered of high priority to the clinic and its patients. Most of these items can be purchased in Thailand, and usually at a significantly lower price than in western markets. For this reason, if a monetary donation is possible, it is preferred as it is the most cost effective method. For those wishing to make a direct medication/supplies donation, this list can be used as a guideline. It should be noted that shipping medication/supplies into Thailand is often a complicated process, with many medications denied at customs, and new supplies stamped with a large 'value added tax' which must be paid by the clinic in order to receive the shipment. The best method for donating medication/supplies is carrying them on-person when travelling into the country.

Medical Donations:

If you would like to make a medical donation we kindly ask that you contact the fundraising (fundraising@maetaoclinic.org) / pharmacy (sharrow.paw@maetaoclinic.org) first regarding quantity and expiry check of donation Mae Tao Clinic will not use any medicine past its expiration date.

<u>Drug Class</u>	<u>Drug Name</u>	<u>Dosage Form</u>	<u>Preferred Dose / Size</u>
Medicine for Pain	Acetylsalicylic Acid (ASA, Aspirin)	tab	300mg
	Ibuprofen	tab	200mg
	Paracetamol	tab	500mg
	Paracetamol	syrup	120mg/5ml, 60ml
Anti-infective medicine	Amoxicillin	cap	250mg
	Amoxicillin	suspension	125mg/5ml, 60ml
	Cloxacillin	cap	250mg
	Cloxacillin	suspension	125mg/5ml, 60ml
	Cloxacillin	injection	500mg
	Ampicillin	injection	1g
	Ceftriaxone	injection	1g
	Gentamycin	injection	80mg
	Metronidazole	injection	500mg/100ml
	Mebendazole	tab	100mg
Albendazole	tab	200mg	
Medicine affecting blood	Ferrous sulphate	coated tab	200mg (65mg iron)
	Folic acid (Vit B9)	tab	5mg
Cardiovascular medicine	Enalapril maleate	tab	5mg
	Furosemide	tab	40mg
	Nifedipine	tab	10mg
	Spironolactone	tab	25mg

	Methyldopa	tab	250mg
Dermatological medicine	Calamine 15%, lotion	bottle	60ml
	Clotrimazole 1%, cream	tube	5g
Disinfectant and antiseptic	Alcohol 70%, solution	bottle	450ml
	Povidone iodine solution	bottle	450ml
Gastrointestinale medicine	Aluminum hydroxide (or Magnesium Trisilicate)	tab	250mg
	Cimetidine	tab	200mg
	Omeprazole	cap	20mg
	Magnesium hydroxide (MOM), milk	bottle	8g/100ml, 240ml
Anti-diabetes	Metformin	tab	500m
	Glibenclamide	tab	5mg
Anti-thyroid	Propylthiouracil (PTU)	tab	50mg
Medicine acting on the respiratory tract	Bromhexine	tab	8mg
	Bromhexine	suspension	4mg/5ml, 60ml
	Salbutamol	tab	2mg
Solution correcting water & electrolyte	Potassium chloride	tab	500mg
	Oral Rehydration Salt (ORS)	sachet	
	Dextrose 5% in Water (D5W), 500ml, without IV set	bottle	500ml
	Dextrose 5% in Water (D5W), without IV set	bottle	1000ml
	Sodium chloride 0.9% (NSS), without IV set	bottle	500ml
	Sodium chloride 0.9% (NSS), without IV set	bottle	1000ml
	Water for injection	amp	10ml
Vitamin and minerals	Ascorbic acid	tab	50mg
	Multivitamin	tab	
	Vitamin A (retinol),	soft cap	25000IU
	Vitamin B1 (thiamine)	tab	10mg
	Vitamin B1 (thiamine)	tab	100mg
	Multivitamin	suspension	60ml
	Vitamin B1 (thyamine)	injection	100mg/1ml

Catheter, Tube and drains	Nasogastric tube, single lumen, disposable	tube	5CH x 50cm
	Nasogastric tube, single lumen, disposable	tube	12CH x 125cm
	Nasogastric tube, single lumen, disposable	tube	14CH x 125cm
	Urine catheter, Foley, balloon	tube	14Fr, 30cc
	Urine drainage bag, push pull valve	bag	2000ml
Dressing supplies	Absorbent cotton wool	pack	200g
	Adhesive medical tape, porous (Neotape)	roll	1/2"x10yds
	Elastic bandage	roll	6" x 5yd
	Gauze pad, sterile	pack	4x4"
	Gauze roll, non-sterile,	roll	36" x 100yds
Injection supplies	IV cannula, pen+D51:D61 type, (green)	each	18G x 1-1/4"
	IV cannula, pen type, (pink)	each	20G x 1-1/4"
	IV cannula, pen type, (blue)	each	22G x 1"
	IV cannula, pen type, (yellow)	each	24G x 3/4"
	IV infusion set (adult), luer slip, 15drops/ml, with needle,	each	21G x 1-1/2"
	Needle, hypodermic, disposable, (pink)	each	18G x 1-1/2"
	Needle, hypodermic, disposable, (yellow)	each	20G x 1-1/2"
	Needle, hypodermic, disposable, (black)	each	22G x 1-1/2"
	Needle, hypodermic, disposable, (purple)	each	24G x 1"
	Syringe without needle, disposable,	each	3ml
	Syringe without needle, disposable,	each	5ml
Infection control supplies	Examination glove, non-sterile,	pair	small
	Examination glove, non-sterile,	pair	medium
	Surgical gloves, sterile,	pair	size 6.5
	Surgical mask, disposable	each	
	Washing gloves, long cuff, black	pair	size 8 (medium)
	Washing gloves, long cuff, blue	pair	size 8 (medium)
	Washing gloves, long cuff, orange	pair	size 8 (medium)

	Washing gloves, long cuff, pink	pair	size 8 (medium)
Investigation	Pregnancy urine test strip, hCG	test	

MEDICAL EQUIPMENT

For the following machines, it would be best if they were purchased in Thailand. If something should go wrong, we may not be able to do repairs and maintenance with machinery from overseas. There also may be differences in voltage so that machines from overseas may not be compatible with Thailand's electrical system.

- Nebuliser Machine
- Suction Machine
- Infant Oximeters
- Fore arm support frame
- Crutches (adult and children)
- Adjustable walking sticks
- Ankle-foot orthoses (adult and children)
- Wheel chairs
- Stretcher (steel)
- BP cuffs
- Stethoscope
- Thermometer
- Parallel bars
- Hand/ Foot pedal (for rehabilitation) Not bicycle.
- Air mattresses

Non-Medical Donations:

If you would like to make a non-medical donation we kindly ask that you contact the fundraising (fundraising@maetaoclinic.org) first regarding quantity and other relevant procedures.

NON-MEDICAL DONATIONS (Health):

IPU (Infection Prevention Unit)

- Liquid Soap
- Hand sanitizer

HYGENE SUPPLIES

- Toothbrush
- Toothpaste
- Soap powder
- Soap (bathing)
- Diaper (child and mother)

PUBLICATIONS – most recent editions preferred

- Clinical Methods Handbooks (History Taking and Physical Examination)
- Obstetric picture books
- Oxford Handbook of Clinical Medicine
- Oxford Handbook of Tropical Medicine
- Pharmacology and Medicines books
- The Merck Manual

NON-MEDICAL DONATIONS (Child Protection and Education):

FOOD

- Rice

- Oil
- Tinned Fish
- Beans
- Seasoning
- Salt
- Dried fish

ELECTRONICS

- Scanners
- Computers
- Fan (ceiling)

SCHOOL AND OFFICE SUPPLIES

- Notebooks
- Pen
- Pencil
- Marker Pen
- Students uniform
- Umbrella
- Rain coat

PATIENT/BOARDING PATIENT/BOARDING HOUSE EQUIPMENT

- Sleeping mats
- Mosquito net
- Blankets
- Pillow
- Sheets
- Plates
- Bowls/ Dishes
- Spoon
- Rice cooker (large)
- Large pots
- Charcoal
- Charcoal stove
- Gas stove

HYGENE SUPPLIES

- Toothbrush
- Toothpaste
- Toilet
- Soap (bathing)
- Sanitary packs
- Detergent
- Shampoo