

Medication and Supplies Wish list for Donors

The list below consists of items that are considered of high priority to the clinic and its patients. Most of these items can be purchased in Thailand, and usually at a significantly lower price than in western markets. For this reason, if a monetary donation is possible, it is preferred as it is the most cost effective method. For those wishing to make a direct medication/supplies donation, this list can be used as a guideline. It should be noted that shipping medication/supplies into Thailand is often a complicated process, with many medications denied at customs, and new supplies stamped with a large 'value added tax' which must be paid by the clinic in order to receive the shipment. The best method for donating medication/supplies is carrying them on-person when travelling into the country.

Medical Donations:

If you would like to make a medical donation we kindly ask that you contact the fundraising/ pharmacy first regarding quantity and expiry check of donation Mae Tao Clinic will not use any medicine past its expiration date.

<u>Drug Class</u>	<u>Drug Name</u>	<u>Dosage Form</u>	<u>Preferred Dose</u>
Antibiotics	Amoxicillin/Clavulanate Potassium Combination (Augmentin)	tab	500mg/125mg and 875/125mg
	Antibiotic ear drops	Ear drops	Alone and in combination with corticosteroids
	Azithromycin	tab	250mg or 500mg
	Antibiotic cream/ointment	topical	
	Ceftriaxone	injection	1g
	Ciprofloxacin	tab	500mg
	Cephalexin	Tab	250mg and 500mg
	Erythromycin	Suspension	125mg/5ml and 250mg/5ml
	Nitrofurantoin	Tab	100mg
	Penicillin Benzathine G	Injection	1.2 million IU
	Aq. Penicillin G	Injection	3,000,000 IU/10ml
Antivirals	Acyclovir	Tab	200mg
	Acyclovir	Tab	400mg
	Acyclovir	Cream	
Anticonvulsants	Carbamazepine	Tab	200mg
	Diazepam	Tab	5mg
	Diazepam	injection	10mg/2ml vial
	Gabapentin	Tab/Cap	300mg
	Phenobarbital	inj	200mg/ml
	Phenobarbital	Tab	50mg
Antifungals	Fluconazole	Tab	200mg
	Fluconazole	Suspension	
	Itraconazole	Tab	100mg
	Nystatin oral liquid	liquid	
	Topical antifungal cream (clotrimazole 1% etc.)	cream	
	Vaginal antifungal cream	topical	2%
Antihypertensives	Clonidine	Tab	0.1mg
	Hydralazine	injection	20mg/ml
	Hydralazine	Tab	5mg
	Labetalol	Injection	40mg
	Nifedipine	capsule	10 and 20mg

	Enalapril	Tab	10mg, 20mg
Thyroid	Iodine	Oral liquid	
	Levothyroxine	tab	50mcg
	Propylthiouracil	tab	200mg
Asthma	Beta-agonists: eg. Albuterol, Ventolin, Salmeterol, Salbutamol	inhaler	
	Salbutamol	Nebulizer solution	
	Steroid inhalers: eg. Beclomethasone, Fluticasone	inhaler	
Gastrointestinal	Loperamide	Tab	2mg
	Magnesium Citrate	Tab	100mg
	Proton-pump inhibitors: (Esomeprazole, Omeprazole etc.)	tab	20 mg
	Ranitidine	Tab	150mg and 300mg
Diuretics	Metolazone	Tab	5mg
Steroids	Prednisolone	Tab	5mg, 10mg, 20mg
	Beclomethasone, Mometasone	Nasal Spray	
	Topical corticosteroids (eg. Triamcinalone, Betamethasone)	Cream	0.1%
Supplements	Multivitamins/Minerals	Tab/syrup	For children and adults
Ophthalmic	Antibiotic eye drops (eg. Gentamicin, Neosporin/Polymyxin B)	Eye drops	
	Antibiotic eye drops/steroid combination	Eye drops	
	Beta-blockers (timolol, levobunolol, betaxolol)	eye drops	
	Pilocarpine	Eye drop	2%
	Prostaglandin agonists: latanoprost, bimatoprost, travoprost	Eye drop	
Antipsychotic	Haloperidol	Tab	2mg or 5mg
Dopamine Agonist	Bromocriptine	Tab	2.5mg
Antidepressant	Amitriptyline	Tab	10mg
	Fluoxetine	Tab/cap	20mg
Topical	Podophyllin Paint	Liquid	
Antidiabetic	Sulfonylureas: Glipizide (regular and XL), Glyburide	Tab	2.5mg, 5mg and 10 mg.

	Metformin	Tab	500mg
Antimalarials	Artesunate	Inj	
	Artesunate	tab	50mg
	Mefloquine	tab	250mg
	Clindamycin	Tab	300mg
Pain	Pentazocin	Injection	
Other	Lidocaine	Inj	2%
	Lidocaine with adrenaline	Inj	1%
	Oral rehydration salts	Powder/tab	

MEDICAL SUPPLIES

LAB EQUIPMENT

- Centrifuge for blood tube
- CBC portable machine
- Urine chemical test reader
- UV lamb for G6PD
- Belirubin machine

EYE CLINIC SUPPLIES

- Dental chair

MEDICAL EQUIPMENT

For the following machines, it would be best if they were purchased in Thailand. If something should go wrong, we may not be able to do repairs and maintenance with machinery from overseas. There also may be differences in voltage so that machines from overseas may not be compatible with Thailand's electrical system.

- Hematocrit centrifuge
- Ophthalmoscope/ Otoscope
- Retinoscope
- Microscope CX21
- Nebuliser Machine
- Regulator for oxygen tanks
- Large oxygen tank
- Suction Machine
- Infant Oximeters
- Fore arm support frame =2
- Mirror 6×2 on wheel
- Stool on Wheel =2
- Crutches = Adult and children
- Adjustable walking sticks
- Ankle-foot orthoses = Adult and children
- Wheel chairs
- Stretcher (steel)
- Neck braces
- Soft collars
- N95 Masks
- IV posts
- Incubator

- BP cuffs
- Body weight scale(Adult and Child)
- Infant chairs
- Parallel bars
- Hand/ Foot pedal (For rehabilitation) Not bicycle.
- Air mattresses
- Hospital electric bed(working well)

DENTAL SUPPLIES

Benzocaine 20% gel

Forceps for Dental Extraction (Adult and Child)

Fine hybrid composite – light-curing universal (dental filling)

Dental light curing machine

Dental high and low speed handpiece

Scaling tip

Dental Burs

Straight elevator (Adult and Child)

Dental syringe injection (steel)

Microbrush for dental filling

Dental scaling machine

Non-Medical Donations:

FOOD

- Rice
- Oil
- Tinned Fish
- Beans

ELECTRONICS

- Scanners
- Computers
- Fan (ceiling)

SCHOOL AND OFFICE SUPPLIES

- Notebooks
- Pen
- Pencil
- Maker Pen
- Students uniform
- Umbrella
- Rain coat

PATIENT/BOARDING HOUSE EQUIPMENT

- Sleeping mats
- Mosquito nets
- Blankets
- Sheets
- Plates
- Bowls/ Dishes
- Spoon
- Rice cooker (large)
- Large pots

HYGENE SUPPLIES

- Toothbrush
- Toothpaste
- Toilet
- Soap (bathing)

IPU (Infection Prevention Unit)

- Liquid Soap
- Hand sanitizer

PUBLICATIONS – most recent editions preferred

- Clinical Methods Handbooks (History Taking and Physical Examination)
- Obstetric picture books
- Oxford Handbook of Clinical Medicine
- Oxford Handbook of Tropical Medicine
- Pharmacology and Medicines books
- The Merck Manual